



## PARENT CORNER: ASKING QUESTIONS

Whenever a group of people works together on something challenging, it's important to take the time to discuss what happened. Using open-ended questions are a great way to get your family talking about how they're doing. Here are some questions to try with your family:

- What was our goal?
- How did we do?
- What could we change next time?
- What is something you thought we did well?
- How did you feel?
- What is something you are proud of?



A family dinner is a wonderful time to ask these types of questions. It helps to get a glimpse into how our kids are feeling as they reflect on their day.

Additional questions:

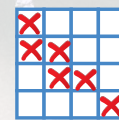
- What are you grateful for?
- What was the most challenging part of the day? Your favorite part of the day? What's something you're looking forward to?

## FAMILY TEAMBUILDING CHALLENGE: MAZE

At camp we use a large tarp with a 6x6 duct tape grid. Families could also use sidewalk chalk on a driveway, paper taped to the floor of your living room, or anything else you can think of to create a grid that people can walk on.

There's a video on the website!

1. Get your family excited about doing a challenge with you!
2. Set up your grid.
3. On a piece of paper draw your grid. Create a pathway that your family will travel through. Mark it on your paper grid to help you remember.



4. Explain to your family they will be working together to travel through the maze. One person at a time. If the person picks the correct square to step on you will make a fun sound, if the person picks the incorrect square to step on you make a different sound. If the person steps on the correct square, they get to take another step. If they step on the incorrect square make the sound. The next person then tries to work through the pattern.
5. Have lots of fun! Let different people create the maze so everyone gets to participate in different ways.