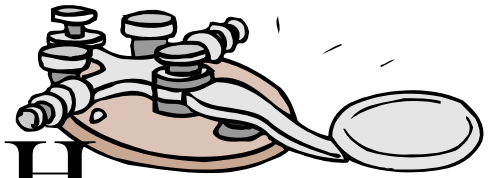


# TRIPLE C TELEGRAPH



PARENT AND CAMPER NEWSLETTER  
CAMP POLICIES & PROCEDURES

TRIPLE C CAMP

434.293.2529

## Greetings from Triple C Camp!

We are so excited that your camper(s) will be joining us at Triple C Camp this summer. Many fun, creative, and enriching activities are planned. If you have any questions, please call us at camp: 434.293.2529 or send us an email: [register@tripleccamp.com](mailto:register@tripleccamp.com). You can also check out camp details and photos by going to our website: [www.tripleccamp.com](http://www.tripleccamp.com)

Triple C Camp's philosophy is about adventure, friendship, fun, discovery, and challenge. It is a safe place where independence is fostered and trying new things is encouraged.

Lots of important camp information, policies and procedures are contained in this newsletter that will help campers and parents have a safe, fun summer. **Once your camper is registered you will receive a confirmation letter that will contain additional information specific to your camper(s).**

Yours in Camping,

*The Triple C Camp Team*



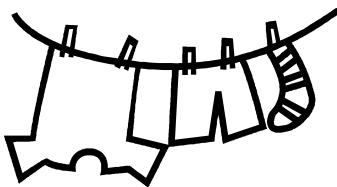
## PROACTIVE COMMUNICATION

If you know that your child(ren) will not be attending camp on a specific day, prior to that day please send a note to let us know. If your child wakes up ill, please let us know your child is not attending as soon as possible.

We will do our best to communicate issues that occur at camp to you in the most timely manner. We would appreciate the same from camp families. If there is a change in your household situation, family routine, etc please let us know so we can help your camper adjust.

## Dress for Camp...A Few Tips & Expectations

- Dress your child(ren) in comfortable clothing that can get dirty! **TRIPLE C CAMPERS HAVE FUN WHILE GETTING DIRTY.**
- **LABEL EVERYTHING WITH FIRST AND LAST NAME !**
- Campers should wear their bathing suit to camp daily, girls underneath their clothing, boys as their shorts.
- **We require all campers to wear gym shoes everyday.** They are safe for running and the variety of camp activities we enjoy.
- Please send a bag/backpack daily, **clearly marked with first and last name.**
- The bag should contain underwear and clothing to change into after swimming, a water bottle, a towel, a hat, and sunscreen. The sunscreen must be **labeled with camper name**, and we suggest it be in a Ziploc type bag. Please apply sunscreen to your camper in the morning and we will reapply throughout the day. Due to allergies and sun sensitivities you must send sunscreen each day.
  - Dress appropriate for weather (i.e. windbreaker, sweaters, sweatshirts for cold windy days-packed if not worn; and a raincoat for rainy days-we have indoor facilities, but we move about camp).
  - PLEASE REMEMBER YOUR WATER BOTTLE!
  - **LABEL EVERYTHING WITH FIRST AND LAST NAME**
  - If you choose to send insect repellent it must be in lotion form and **labeled with your camper's first & last name.**
- **Colt Camp participants** will need to bring pants to wear while they ride. We will provide a helmet for each camper to wear for the week. Colt campers may bring their swim suits vs. wearing them in the morning.



## Bus Mail & Email

What's That?  
Bus Mail is a note addressed to the appropriate person and given to the Bus Captain, it is then delivered to the Office and on to the addressee. In areas that require "follow-up" the staff member associated with the request, will follow-up and respond to you as soon as possible.



Email works too:

[register@tripleccamp.com](mailto:register@tripleccamp.com)

Use Bus Mail when: you wish to note a special arrangement about pick up or drop off, there will be a prolonged absence from camp, you require an answer to a specific question, or you are sending in a payment.

In areas that require "follow-up" the staff member associated with the request, will follow-up and respond to you as soon as possible.

## Bus Behavior

Keeping the children safe is our number one priority. In order to ensure a safe ride we must be firm about behavior during transportation. If a camper is misbehaving on the bus (i.e. foul language, disturbing fellow campers, disregarding safety rules) the following steps will be taken:

1. A verbal reminder as to appropriate bus behavior
2. An assigned seat and a note/phone call to the parents
3. Suspended from the bus for the following day
4. Expelled from the bus for the remainder of the summer



## "Tushy on the Cushy"

Questions??  
434.293.2529

## TRANSPORTATION A KEY PART OF THE CAMP DAY!

### If You Bring Your Child To Camp

**Morning Drop off time is 8:30am-8:45am.** Staff will greet your car in the parking areas and direct you to the designated drop zone and check your camper(s) in. **Campers brought before 8:30am will need to stay at their car, supervised by the adult who brought them, or register for Early Drop.**



**Early Drop is 7:30am.** Staff will greet your camper in the parking lot in front of the office to check them in. Breakfast is available to these campers until 7:45. **Campers must be pre-registered for this portion of the camp program.**

**Late Arrivals** Please park by the Dining Hall/Office and come into the Camp Office. You must sign in your camper(s), and then leave them with the supervisor in charge. All campers are expected to the follow program schedule for which they are enrolled. Teen Scene campers will be out of camp Tues., Wed. and Thurs. Parent transported, late arrivals will be welcomed at the Field Trip Location.

**Picking Up Your Child From Camp During the Camp Day** **Campers who need to be pick up early MUST BE PICKED UP before 4:15pm.** We must ensure the safety of every camper. The Office, the Counselors, the Bus Captains and the Bus Driver must be notified of transportation changes. **Please give us plenty of warning.** We suggest you use Bus Mail to send a note via the Bus Captain.

When you arrive at Camp please park by the Dining Hall/Office and come into the Camp Office. You must sign your child out at the office desk. This procedure ensures camper safety.

**Registered Camp Pick up in the afternoon is 5:00pm-5:15pm.** Due to bus traffic this is a strict time line. Upon arrival to camp you will be directed by staff to the designated pick up zone to ensure camper safety.

**Late Pickups For parents who are late picking up their children, either at the bus or at camp, there will be an additional charge of \$2.00 per minute for the extended care service. Payment will be due the following day.**

In the case of an emergency such as inclement weather or natural disasters parents will be notified as soon as possible on when/how pick up procedures will take place.



## BUS TRANSPORTATION

Triple C Camp Buses are yellow with purple stripes and camp signs. We may also utilize Albemarle County School buses, in which case they will have camp signage and camp staff. For afternoon pick up, campers must be greeted at the

door of the bus by their parent/guardian or authorized person.

Our buses run on schedule. When it is time to depart the bus will leave. If you are late in the afternoon, your child will remain with the camp staff until efforts to reach parents have been made. If necessary child(ren) will be brought back to camp where they can be picked up. **For parents who are late picking up their children, either at the bus or at camp, there will be an additional charge of \$2.00 per minute for the extended care service. Payment will be due by the following day.**

## BUS LOCATIONS

**The Park at UVA**, look for the buses in the parking lot next to the fields

**The Park at UVA I:** morning 7:50am-8:00am afternoon 5:10pm-5:30pm

**The Park at UVA II:** morning 8:20am-8:30am afternoon 5:10pm-5:30pm

**Crozet**, look for the bus at Western Albemarle High School, 1st lot on right.

**Crozet:** morning 8:00am-8:10am afternoon 5:15pm-5:30pm

**Fashion Square Mall**, the bus will be in the SOUTH parking lot, south of JCPenney.

**Fashion Square Mall:** morning 8:00am-8:15am afternoon 5:15pm-5:30pm

**Pantops**, the bus will be located in the lot near the flagpole, behind Jiffy Lube.

**Pantops:** morning 8:00am-8:15am afternoon 5:10pm-5:30pm

**5th St. Station**, the bus will be located in the lot near Haverty's and Planet Fitness.

**5th St. Station:** morning 8:30am-8:40am afternoon 5:00pm

Changes in the scheduled transportation must be made in advance and in writing to the Camp Office. **All transportation changes must be approved by Camp Administration and are subject to a \$45 fee.**

If you know that your child(ren) will not be attending camp on a specific day, prior to that day please send a note or [email](#) to let us know. If your child wakes up ill, please let us know your child is not attending as soon as possible.

### Triple C Camp OVERNIGHTS

The Thursday overnights are a great opportunity to extend the camp day. We encourage campers 2<sup>nd</sup> grade and older to experience evening swims, great camp dinner, night hikes, field games, campfire songs, and, of course...S'MORES. Campers and counselors sleep in our dorm style cabins which have indoor plumbing. There is a great camp breakfast on Friday morning before getting right back into day camp activities. Overnight reminders and [packing list](#) are sent home on the Tuesday prior but are also available on the [camp webpage](#). Adding an overnight is easy...send us an [email](#) and we will add your camper, if the space is available.



### Things from home

Parents are asked to **KEEP AT HOME** personal items such as books, toys, trading cards, electronics such as cell phones & ipods, or money unless specifically requested to do so for a special event. Families are responsible for any items their campers bring to camp. **Super soakers or weapons of any kind are to be KEPT at home.**

Teen Scene campers may use personal items when deemed appropriate by camp staff. However, it is understood these items may be confiscated if this Teen Scene privilege is misused. Families are responsible for any items their campers bring to camp.

**Please make sure all items brought to camp are labeled with the campers first and last name.**

### Visitors during the camp day

Custodial parents/guardians are always welcome at Triple C Camp. **All camp visitors** must first enter the camp office, (please be prepared to show an ID) and must wear a VISITOR BADGE while on camp grounds.

## Triple C Swimming is FUN!

Our two pools and multiple depths offer flexibility for both teaching and free swim. Younger campers, Pioneer & Trailblazers (K-3<sup>rd</sup> grades), improve their swimming abilities daily while participating in the American Red Cross Learn To Swim Program.

Explorers (4<sup>th</sup>-6<sup>th</sup> grades), Teen Scene (7<sup>th</sup>-9<sup>th</sup> grades), and "The Edge" (10<sup>th</sup>&11<sup>th</sup> grades) campers will have the opportunity to play group games in the water and enjoy recreational swim time. Campers swim under the direct supervision of Red Cross Certified Lifeguards.

**Triple C Swim Policy:** Campers must be able to swim the length of the pool and tread water for one minute before swimming in the deep end or using the diving board and/or slide of that pool. Any camper with hair to their shoulders or longer will be required to have their hair pulled back for safety.

### ADDITIONAL END OF DAY SWIM LESSONS

Additional swim lessons are available for campers of all ages. Campers K-3<sup>rd</sup> grade have lessons in their day camp program. **ADDITIONAL LESSONS** are offered in **ONE** week sessions, **MON-THURS** from 4:00pm to 4:30pm. PM transportation continues as registered. These are semi private lessons and are \$70/wk (Payment due with lesson registration). For additional information contacting the Camp Office 434.293.2529 or email [register@tripleccamp.com](mailto:register@tripleccamp.com).

**Additional End of Day Swim Lessons occur Week 3 - Week 10.**



### REFUND PROTECTION POLICY

Triple C Camp offers an optional weekly refund protection for a fee of \$45 per week. Refund protection entitles you to a full refund of all camp fees for the specific week protected, if you cancel. Cancellations must be received, in writing, 5 business days prior to the start of the camp week. The refund protection fee is due at the time of registration and is non-refundable. Once you have enrolled in refund protection, the fee of \$45 may not be transferred to any other week(s). Refunds will not be available to those not enrolled in refund protection.



### Tutoring on Site!

Triple C is pleased to partner with **Tutor Doctor** to offer private in-camp tutoring at competitive rates. Tutor Doctor, a locally owned company that provides professional one-to-one, in-home tutoring to learners of all ages.



Tutoring is available during the camp day with minimal camp schedule interruption, Please contact Tutor Doctor directly if you are interested in lessons for your camper.

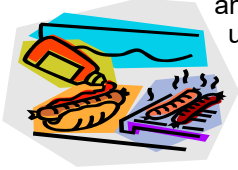
Phone: 434-422-3596,  
Email: [nwoolworth@tutordocor.com](mailto:nwoolworth@tutordocor.com).

Tutor Doctor has offerings in all academic fundamentals! Learn more: [www.tutordocorcharlottesville.com](http://www.tutordocorcharlottesville.com).



## Lunches & Snacks

Triple C Camp provides a morning and afternoon snack each day. Lunch for all campers is USDA approved. Entrees include burgers, pasta, chicken nuggets, hot dogs and other foods that kids like. Vegetables, fruit, chips, and drinks complement the meal. PB & J sandwiches are a choice **everyday**. If campers choose to pack please be mindful to pack with an ice or cooling block as appropriate. Teen Scene (7<sup>th</sup>-9<sup>th</sup> grade) campers must bring a non-perishable lunch for days they are out of camp Tuesday, Wednesday and Thursday. Menus are available upon request.



**BRIGHT IDEA!** Fill your water bottle just short of full (room for expansion) and freeze it overnight. You'll have cold water thru the day as it melts!!

## The Sun – It Can Be a Hot Item!

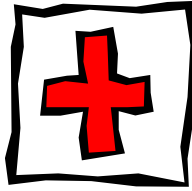
Triple C Camp has established some specific policies that protect our campers from the effects of exposure to the sun's rays and still allows them to enjoy the out-of-doors. Our staff is vigilant and wants to help our campers protect themselves by doing the following:

- Wear a hat!
- Wear protective clothing--light colored and loose.
- Wear waterproof sunscreen--minimum SPF 15 and apply 30-60 minutes before exposure. Remember ears, tops of feet, and the neck. Use sunscreen in hazy, cloudy, and foggy weather. Re-apply sunscreen regularly.

Our staff will help/reapply sunscreen to campers K-3rd grade, we will verbally remind older campers throughout the day.



## Health Services



All Triple C Camp staff members are put through First Aid Orientation. Our Health Care Specialist will attend to minor scratches, cuts, and bruises. There is also a Registered Nurse on site. If additional care is needed, campers will be taken to UVA Health System Hospital unless the injured campers group is away from camp. In the case of minor illness, we will make your child comfortable and call you to arrange a pick up at camp. If parents intend for someone other than persons mentioned on the Registration Form to pick up their child at any time, they must submit the names, addresses, and phone numbers of these individuals to the camp office in writing, via bus mail, email or fax.

## Your Campers Health

Communicable diseases and exposure to them is a concern to us in camping. We must follow the Virginia Department of Health's *Communicable Disease Reference Chart For School Personnel*, in determining communicable exclusion. If your camper, or any member of your household, is exposed to or contracts a communicable disease during the season you are required to notify us within 24 hours (this includes head lice). This communication will allow us to notify the applicable families that may also be affected. Your family will have anonymity.



## Medications

Except under unusual circumstances medication should be kept at home. If medication is to be administered at camp or held at camp for emergency purposes (ie. Epi Pens, inhalers, Benadryl), please follow these guidelines:

**Prescription and nonprescription medication shall be given only with a completed written authorization form (see link below) and appropriate signatures. All medications must be in their ORIGINAL CONTAINER with the current prescription label or direction label attached. Medication must be labeled with the child's name and be current. Loose or unpackaged meds are unacceptable. Physician signature may be required based on the duration of the medication distribution.**

## [Medical Authorization Form](#)

# TRIPLE C CAMP

## CAMPER & PARENT

### Open House

For registered campers

Sunday, June 7, 2020

For Registered Campers

1:00pm-2:30pm Last Name A-M

2:30pm-4:00pm Last Name N-Z

Pick up your camp T-Shirt!

Meet your counselors and program specialists!

Meet other campers in your group!

Get answers to your last minute questions!

HAVE FUN!

434.293.2529

[register@tripleccamp.com](mailto:register@tripleccamp.com)

## Directions to Camp

Five miles south of Interstate 64, off route 20 South in beautiful southern Albemarle County. (A good landmark is the Vintage Market/Liberty Gas Station.) Triple C Camp entrance is 1/3 mile south of the Citgo Gas Station on the east side of Route 20 South.