



**HEALTH HISTORY**

*Does/has the participant have/had?*

- |   |                          |                          |  |                          |                          |
|---|--------------------------|--------------------------|--|--------------------------|--------------------------|
| 1. Recent injury, illness, or infectious disease?.....  | Yes                      | No                       | 15. Orthodontic appliance being brought to camp?.....                        | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Chronic or recurring illness/condition?.....         | <input type="checkbox"/> | <input type="checkbox"/> | 16. Frequent ear infections?.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Hospitalization?.....                                | <input type="checkbox"/> | <input type="checkbox"/> | 17. Problems with joints (e.g. knees, ankles, shoulders)?.....               | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Surgery?.....  | <input type="checkbox"/> | <input type="checkbox"/> | 18. Back problems?.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Frequent headaches?.....                             | <input type="checkbox"/> | <input type="checkbox"/> | 19. Skin problems (e.g. itching, rash, acne)?.....                           | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Head injury?.....                                    | <input type="checkbox"/> | <input type="checkbox"/> | 20. ADD or ADHD?.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Knocked unconscious?.....                            | <input type="checkbox"/> | <input type="checkbox"/> | 21. Mononucleosis in the past 12 months?.....                                | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Seizures?.....                                       | <input type="checkbox"/> | <input type="checkbox"/> | 22. Lice in the past month?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Dizzy during or after exercise?.....                 | <input type="checkbox"/> | <input type="checkbox"/> | 23. Problems with diarrhea/constipation?.....                                | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Passed out during or after exercise?.....           | <input type="checkbox"/> | <input type="checkbox"/> | 24. Problems with sleepwalking?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Chest pain during or after exercise?.....           | <input type="checkbox"/> | <input type="checkbox"/> | 25. History of bed-wetting?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. High blood pressure? .....                          | <input type="checkbox"/> | <input type="checkbox"/> | 26. If female, have an abnormal menstrual history?.....                      | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. Diagnosed with a heart murmur?.....                 | <input type="checkbox"/> | <input type="checkbox"/> | 27. An eating disorder?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. Wear glasses, contacts, or protective eyewear?..... | <input type="checkbox"/> | <input type="checkbox"/> | 28. Emotional needs or disorder for which professional help was sought?..... | <input type="checkbox"/> | <input type="checkbox"/> |
|   |                          |                          | 29. Diabetes? (if yes see below).....  | <input type="checkbox"/> | <input type="checkbox"/> |
|   |                          |                          | 30. Asthma? (if yes see below).....  | <input type="checkbox"/> | <input type="checkbox"/> |

*Please explain any "yes" answers, (#29 & #30 below) noting the number of the questions, and dates of occurrence. Use the back if necessary.*

**Complete this section if you answered "yes" to the following:**

**Asthma:**

Uses inhaler: \_\_\_\_\_ Uses neb. unit: \_\_\_\_\_ Frequency: \_\_\_\_\_  
 Normal peak flow: \_\_\_\_\_

**Diabetes:**

Uses insulin: \_\_\_\_\_ Counts carbs: \_\_\_\_\_  
 Normal blood sugar range: \_\_\_\_\_ Glucometer: \_\_\_\_\_

**TO BE FILLED OUT BY LICENSED MEDICAL PROFESSIONAL**

A physical examination **MUST** be current (within **two years**) of participant's attendance at camp. If you have a well exam or school/sports physical that has been signed and dated within the last 24 months by a physician or nurse practitioner, you may send a copy of it along with this completed health form.

Date of visit or last well exam: \_\_\_\_\_ Office Phone: ( ) \_\_\_\_\_

Name of Office: \_\_\_\_\_

Address: \_\_\_\_\_

1. List the chronic health problems of this child:  none  Asthma  Allergies  Diabetes  Other \_\_\_\_\_

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2. Prescription medication(s), dosages and frequencies this person will take while at camp;  none

a. \_\_\_\_\_

b. \_\_\_\_\_

c. \_\_\_\_\_

3. List allergies of this person and indicate what type of reaction is caused (food, medication, etc.)  none known

a. \_\_\_\_\_ *Intolerance Anaphylaxis*

b. \_\_\_\_\_ *Intolerance Anaphylaxis*

4. Describe any significant physical findings or limitations that may impact the child's camp participation  none

5. Describe any other treatments needed by this child while at camp \_\_\_\_\_

6. Any additional comments: \_\_\_\_\_

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Signature of Licensed Medical Professional: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name of Licensed Medical Professional: \_\_\_\_\_